



Open Regatta Season 2010  
National Yacht Club & Queen City Yacht Club  
Open Regatta  
September 11 & 12  
Sailing Instructions  
With Amendments 1 & 2 2010-09-09

**The Lake Ontario Racing Council (LORC) and National Yacht Club & Queen City Yacht Club are the organizing authority for each Club's Regatta**

**1 RULES**

The LORC Open Regatta Season Events will be governed by the 'rules' as defined in the Racing Rules of Sailing. The prescriptions of the Canadian National Authority, CYA, will be posted on the Official Notice Board of the Regatta and are at <http://www.sailing.ca/files/racing/rules/CYAPrescriptions2009-12.pdf>.

In case of differences between the Notice of Race and Sailing Instructions, the Sailing Instructions will apply.

**2 NOTICES TO COMPETITORS**

Notices to competitors will be posted on the official notice board(s) located in the QCYC Club House.

**3 CHANGES TO SAILING INSTRUCTIONS**

Changes to the Sailing Instructions will be provided to LORC member clubs by fax, by 1600 of the Friday before the event where the change is effective. It is the responsibility of each Member Club to post these changes on the Club's official notice board. In addition, changes to the Sailing Instructions may be faxed or emailed to individual entrants who have provided their fax number or email address to the LORC Registrar. Failure to notify individual entrants shall not be grounds for redress. This amends rule 60.1 (b).

**4 SIGNALS MADE ASHORE**

Signals made ashore will be displayed on the flag pole at QCYC. Code flag 'AP,' when lowered ashore signifies that no warning will be made within 45 minutes.

## 5 SCHEDULE OF RACES

Course Name	Attachment	Classes	Rating Split (if applicable)	Dates
Alpha	A	IRC 1 IRC 2 IRC 3 PHRF 1 8 Metre	Greater than 1.049 1.016 – 1.049 0015 & Lower 99 & under	Sat. Sep 11
Bravo	B	PHRF 2 PHRF 3 PHRF 4 Whitesails Star Shark	102 – 138 141 – 171 174 & over All	Sat. Sep 11

The J-22 and J-24 will be on a separate course with J-24 Standard SIs applying.

- 5.1 The scheduled time of the warning signal for first race of each day is 10:50.
- 5.2 No starting sequence will commence after 1530.
- 5.3 See the applicable attachment the maximum of races for that course.

## 6 CLASS FLAGS, RACING AREAS, THE COURSES, MARKS

See applicable attachment for the course.

## 7 THE START

- 7.1 Each boat intending to race shall, before their first race in each day, come within hailing distance of the Race Committee vessel, either before the warning signal for the first Class in the first race or immediately after their Class warning signal, and shall report its sail number and receive acknowledgement. Boats attempting to signal their intent to race shall still keep clear of the Starting Area as defined in Sailing Instruction 7.3. The Race Committee will not accept reports of intent to start via VHF radio. The Race Committee may protest boats failing to report.
- 7.2 The starting line will be between the halyard carrying the orange flag on the Race Committee vessel and the start mark as the course diagram in the applicable attachment.
- 7.3 After the first warning signal for a race and prior to her warning signal, a boat shall keep clear of the starting area that extends the length of the starting line ahead of and behind the starting line. It shall also extend one-half the length of the starting line past either end of the starting line. The Protest Committee may make the disqualification DNE for a breach of this instruction. This amends RRS 64.1.
- 7.4 A mark may be laid inside or near one end of the line (a “distance mark”) in which case, boats shall not pass between that mark and the Race Committee vessel at any time.
- 7.5 A boat starting later than five (5) minutes after her starting signal will be scored Did Not Start. This changes Rule A5.

- 7.6 If any part of a boat's hull, crew or equipment is on the course side of the starting line during the minute before her starting signal, the race committee may announce this on the applicable VHF Channel.
- 7.7 Individual recalls will comply with Rule 29.1. The Race Committee may announce via the applicable VHF Channel the sail number or boat name of each premature starter. The failure to announce or the order in which boats are announced shall not be grounds for redress. This changes Rule 60.1 (b).
- 7.8 CHANGE OF COURSE BETWEEN STARTS: If there is a significant wind shift during a series of start sequences, the race committee may signal a change course for a class as follows: At or before the warning signal, Flag C will be flown until after the starting signal.
- 7.9 To draw attention to the warning signal for subsequent race, the race committee will sound three short sound signals and announce the upcoming warning signal on the applicable VHF Channel approximately one minute before the upcoming warning signal.

## **8 CHANGE OF COURSE**

- 8.1 33 (b) is replaced with "If the length will be changed, the signal shall be the display of flag C with repetitive sounds and the new course or length(s) of the new leg(s).
- 8.2 When, in a subsequent change of course a new mark is replaced, it will be replaced with an original mark.

## **9 THE FINISH**

- 9.1 Boats shall finish between the halyard carrying the Orange Shape or Flag on the Race Committee vessel and the final mark of the course as per the course diagram in the applicable attachment.
- 9.2 If the Race Committee does not plan to run another race, it will fly Code Flag "H" at the finish.

## **10 TIME LIMITS**

- 10.1 A time limit of 30 minutes after the first boat to finish in each class will apply. Boats failing to finish by the time limit for their class will be scored DNF. This changes Rules 35 and A5.
- 10.2 Boats not finished racing by 1715 (Eastern Daylight Time) will be scored DNF. This changes Rules 35 and A5.

## **11 PROTESTS AND REQUESTS FOR REDRESS**

- 11.1 Protest forms are available from QCYC as indicated on the Official Notice Board.
- 11.2 Protests shall be lodged in writing at QCYC within one and one half hours of: a) the time of the last boat to finish the last race of the day on the protesting boat's course, or b) expiry of the time limit if that terminated the last race of day, or c) abandonment of racing for the day on the protesting boat's course, whichever is applicable.
- 11.3 Notice of protests to be heard will be posted on the Official Notice Board within 30 minutes of the end of protest time. This serves as notice as required by rule 63.2.
- 11.4 Protest hearings will be held at QCYC as soon as possible after being posted.
- 11.5 Breach of class or handicap rules will be allowed as grounds for protest provided the protestor submits an official copy of said one-design or handicap rules to the Protest Committee when filing the protest.
- 11.6 Mediation

For Protests under RRS 31 or a rule of Part 2 of the rules where there is no damage, and in which there are no more than two boats involved, there may be a short mediation hearing. Any Protest not resolved by this process will be referred to the Protest Committee for a full hearing

After the Protest has been properly filed, as per SI 12.3, one designated representative from each boat shall testify before a mediator, no witnesses will be permitted. The mediator will decide on the validity of the Protest(s). This changes rule 63.5.

A boat that accepts the opinion of the mediator that she has broken a rule, and accepts fault, shall receive a scoring penalty as described in SI 12.4.

When one boat accepts a penalty following a mediation hearing, her decision shall be binding upon the other party to the Protest, and the Protest shall not be referred to the Protest Committee. This changes rule 63.1.

The mediator may also approve the withdrawal of a Protest. This changes rule 63.1.

The mediator may attend the full hearing.

## **12 SCORING**

- 12.1 The Regatta will be scored as a single series with one race required to be completed to constitute a series. All races in the Regatta to count. This modifies Appendix A2.
- 12.2 A boat that did not finish shall be awarded points for the finishing place one more than the number of finishers for that race. This changes rule A4.2
- 12.3 The total distance of the course type used will be calculated individually by the Race Committee for each race and will be reported to the LORC scorer for use in determining corrected time for Handicap Classes.
- 12.4 A boat that accepts the opinion of the mediator that she has broken a rule of Part 2 of the rules or RS 31, and accepts fault, shall receive a 40% scoring penalty calculated as stated in rule 44.3(c). This changes A 2.

## **13 SAFETY REGULATIONS**

Once a boat has fulfilled her check-in requirements, if she withdraws from a race or if she no longer intends to participate in racing, she shall: a) keep clear of other competitors, b) wear her Ensign and c) notify the Race Committee and receive their acknowledgment either orally or on the applicable VHF channel. The Protest Committee may make the disqualification DNE for a breach of this instruction. This amends RRS 64.1.

## **14 REPLACEMENT OF CREW OR EQUIPMENT**

- 14.1 Unless prohibited by class rules and as long as minimum crew requirements are met, crew changes between races will be allowed.

14.2 Unless prohibited by class rules, substitution of damaged or lost equipment will be allowed.

**15 EQUIPMENT AND MEASUREMENT CHECKS**

A boat or equipment may be inspected at any time for compliance with the class rules and sailing instructions. On the water, a boat can be instructed by a race committee measurer to proceed immediately to a designated area for inspection

**16 SUPPORT BOATS**

Team leaders, coaches and other support personnel shall stay outside areas where boats are racing from the time of the preparatory signal for the first class to start until all boats have finished or the race committee signals a postponement, general recall or abandonment

**17 HAUL-OUT RESTRICTIONS**

Keelboats shall not be hauled out during the regatta except with and according to the terms of prior written permission of the race committee.

**18 DIVING EQUIPMENT AND PLASTIC POOLS**

Underwater breathing apparatus and plastic pools or their equivalent shall not be used around keelboats between the preparatory signal of the first race and the end of the regatta.

**19 RADIO COMMUNICATION**

19.1 See applicable attachment for appropriate VHF Channel for a given course.

19.2 A boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. Access to the Internet is prohibited. This restriction also applies to mobile telephones except that a crew member may place or receive calls of a personal nature that do not involve the exchange of information which could affect the boat's outcome in the race. This changes Rule 41.

19.3 Race Committee broadcasts regarding its intentions, the course to be sailed, start times, course changes, etc. are a courtesy only. Failure of the Race Committee to make a broadcast, the timing of a broadcast, or the failure of a boat to hear a broadcast shall not be grounds for redress. This changes rule 60.1(b).

19.4 When the Race Committee or protest committee intends to protest a boat the Race Committee may notify the boat, after the race, on the listed VHF channel for the course, in addition to the notification of SI 20.4. All boats should monitor the listed VHF channel for one half hour after the last finish of the last race of the day. Failure of a boat to receive such radio notification shall not be grounds for redress. This changes Rule 60.1 (b) & 61.1(b).

**20 PRIZES**

Prize flags will be awarded as follows for each Class for the regatta:

Number of Boats Starting the Race in a Class:	Flags awarded for:
One	First
Two	First
Three	First and Second
Four or more	First, Second and Third

The Awards Ceremony will take place at QCYC on Saturday at 1700 or as soon as possible.

**21 DISCLAIMER OF LIABILITY**

Competitors participate in the regatta entirely at their own risk. See rule 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

**22 INSURANCE**

Each participating boat shall be insured with a valid third-party liability insurance policy with a minimum cover of \$2,000,000 CAD per event for Canadian boats and \$350,000 USD for US boats. A copy of the policy shall be kept on board the boat.

# QCYC & NYC Open Regatta Sailing Instructions Attachment A1 Alpha Course

## 1 SCHEDULE

The Regatta will consist of a maximum of 3 races on Saturday. The 8 Metre Class will have a maximum of two races on Saturday.

## 2 RACING AREA

The starting area is centred on a point at approximately 43° 34.750 N 079° 25.500 W

## 3 SIGNAL BOAT

The signal boat for this course will display Code Flag "A" and this may be removed just prior to the first race of the day.

## 4 CLASS FLAGS

Start	Classes	Class Flag
	IRC 1	Numeral Pennant "1"
	IRC 2	Numeral Pennant "2"
	IRC 3	Numeral Pennant "3"
	8 Meter	Numeral Pennant "4"
	PHRF 1	Code Flag "U"

There may blank be starts between the above.

## 5 HANDICAP CLASSES

Boats in handicap classes shall fly identification flags as set out below. Flags will be of non-fading material, a minimum of 8" x 12" and shall be flown visibly above the stern rail. Where two colours describe flags, the order of colours will be located diagonally from top of fly to bottom of hoist, with the first named colour above the other at the hoist.

Class	Rating Band	Backstay Class Flag (*)	Class	Rating Band	Backstay Class Flag (*)
IRC 1	Greater than 1.049	Blue & White	PHRF 2	102 - 138	Code Flag "F"
IRC 2	1.016 – 1.049	Black & Yellow	PHRF 3	141 - 171	Code Flag "J"
IRC 3	1.015 & lower	Blue	PHRF 4	174 & over	Yellow & Red
PHRF 1	99 & under	Red & Green	Whitesails	All	Code Flag "W"

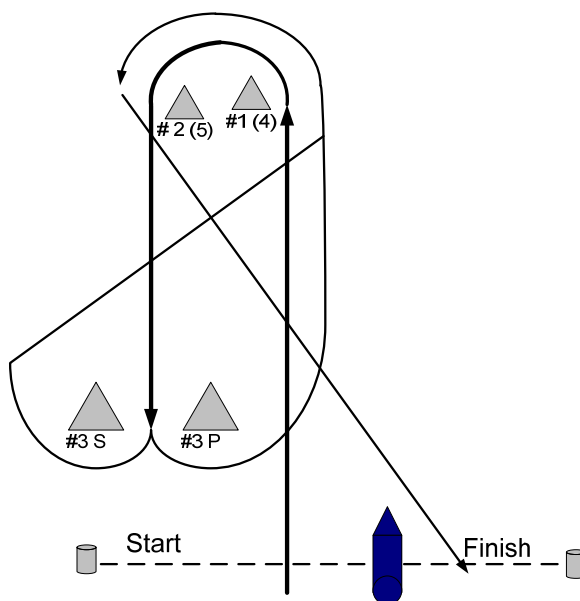
## 6 THE COURSE

6.1 The compass bearing and distances to mark 1 will be displayed on the signal vessel before the warning signal.

6.2 The marks are to be rounded as follows

Marks	Rounded to	Original Mark	Change of Course Mark
Start	N/A	Orange	N/A
1,2	Port	Orange	Yellow
3S, 3P	Gate	Yellow	
Finish	N/A	Orange	N/A

6.3 Course Diagram



## 7 RADIO COMMUNICATIONS

The applicable VHF channel for this course is 69

# QCYC & NYC Open Regatta Sailing Instructions Attachment B1 Bravo Course

## 1 SCHEDULE

The Regatta will consist of a maximum of 3 races on Saturday,

## 2 RACING AREA

The starting area is centred on a point at approximately 43 ° 35.65 N 079 26.10 W

## 3 SIGNAL BOAT

The signal boat for this course will display Code Flag "B" and this may be removed just prior to the first race of the day.

## 4 CLASS FLAGS

Start	Classes	Class Flag
	PHRF 2	Numeral Pennant "5"
	PHRF 3	Numeral Pennant "6"
	PHRF 4 & Shark	Numeral Pennant "7"
	White Sail	Numeral Pennant "8"
	Star	Numeral Pennant "9"

## 5 HANDICAP CLASSES

Boats in handicap classes shall fly identification flags as set out below. Flags will be of non-fading material, a minimum of 8" x 12" and shall be flown visibly above the stern rail. Where two colours describe flags, the order of colours will be located diagonally from top of fly to bottom of hoist, with the first named colour above the other at the hoist.

Class	Rating Band	Backstay Class Flag (*)	Class	Rating Band	Backstay Class Flag (*)
IRC 1	Greater than 1.049	Blue & White	PHRF 2	102 - 138	Code Flag "F"
IRC 2	1.016 – 1.049	Black & Yellow	PHRF 3	141 - 171	Code Flag "J"
IRC 3	1.015 & lower	Blu	PHRF 4	174 & over	Yellow & Red
PHRF 1	99 & under	Red & Green	Whitesails	All	Code Flag "W"

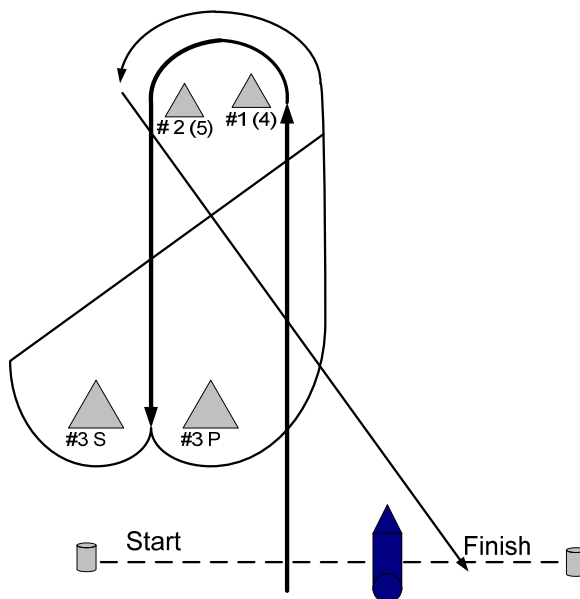
## 6 THE COURSE

6.1 The compass bearing and distances to mark 1 will be displayed on the signal vessel before the warning signal.

6.2 The marks are to be rounded as follows

Marks	Rounded to	Original Mark	Change of Course Mark
Start	N/A	Yellow	N/A
1,2	Port	Yellow	Orange
3S, 3P	Gate	Orange	
Finish	N/A	Yellow	N/A

6.3 Course Diagram



## 7 RADIO COMMUNICATIONS

The applicable VHF channel for this course is 72